



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Pediatric Integrated Care: Opportunities for Screening, Prevention and Intervention

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Setting the Stage: Today's Moderators



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Presenter

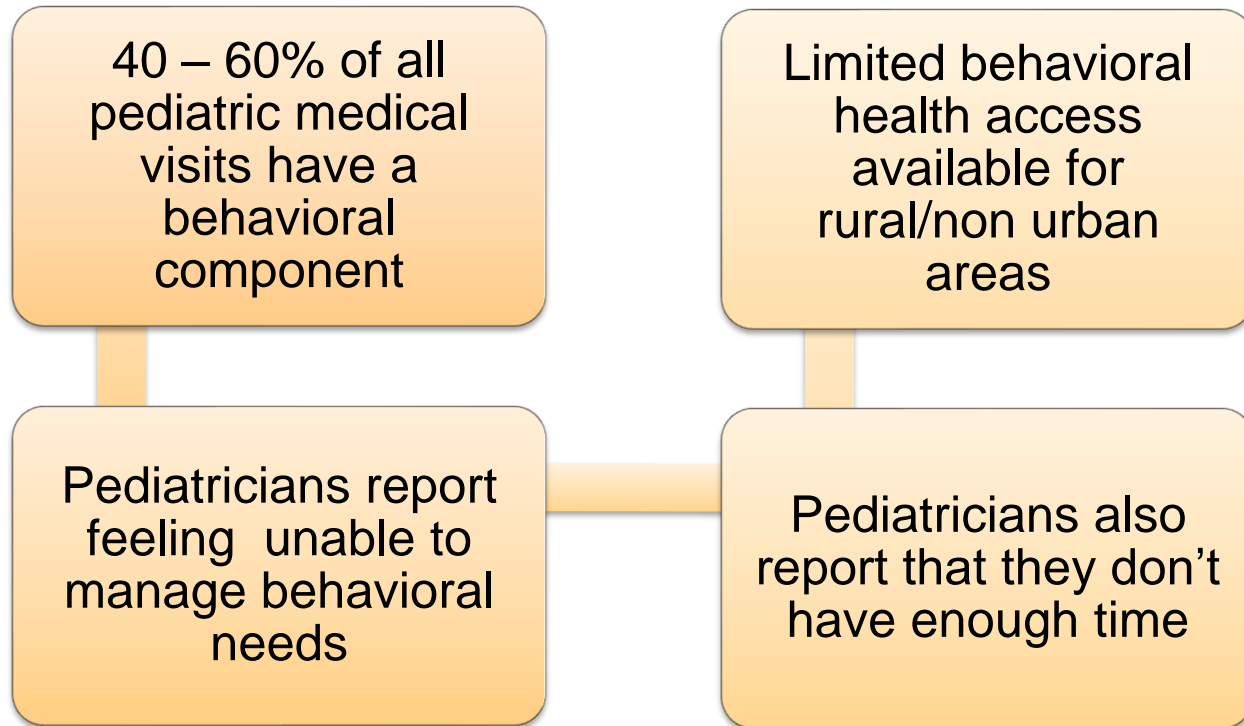


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Overview of Today's Webinar

- Background
- Models of Care
- In Focus: ADHD Care Teams
- Getting Started
- Conclusion & Questions

Why Integrate?



Outcomes

- Improvement in provider satisfaction in quality and access to services
- High patient and family satisfaction
- Improvement in early recognition and treatment of issues, such as mental health
- Promising outcomes for improvement of parenting skills, obesity, sleep, and other issues.

Models of Integrated Care

Consultation

- Behavioral health specialists deliver “point-of-care” service, often in the exam room
- Brief, problem-focused interventions; 4 – 6 visits are typical
- Consults with medical provider on potential treatment plan including possible referral to higher level of care

Care Coordination

- Usually care managers or nurses.
- Focuses on communication and building relationships across systems of support
- Often population –focused (e.g., children with asthma, obesity)

Co-Location

- Behavioral health specialists in same building
- Usually implements a “referral” system
- Interventions at tier III level, may include family, often ongoing

Children 0 – 5 Years

	Consultation	Care-Coordination	Co-Location
Health/Development Needs	<p>Typical Developmental Screenings</p> <ul style="list-style-type: none"> - Help with toilet training - Help with weaning - Help with diet/nutrition 	<p>Locating services</p>	<p>In-house Speech Language Pathologist/ Outpatient Therapeutic Practitioner</p>
Mental Health	<ul style="list-style-type: none"> - ACES (Adverse Childhood Experiences Study) - Attachment/bonding 	<p>Parenting groups Referrals to mental health or intensive in home parenting help Substance Use</p>	<ul style="list-style-type: none"> - Substance Use Treatment - Family therapy
Complex/Co-Occurring	<ul style="list-style-type: none"> - Parenting skills for differences in development - Family Support 		

Children 6 – 12 Years

	Consultation	Care-Coordination	Co-Location
Health/Development Needs	<ul style="list-style-type: none"> - Enuresis/encopresis - Needle phobia - Healthy Eating/Picky Eating - Autism Screening 	<ul style="list-style-type: none"> Referrals for Sleep Studies Child Development Programs 	
Mental Health	<ul style="list-style-type: none"> - ADHD - Emotional regulation skills - Social Skills - Sleep issues - Brief Grief and Trauma - Behavioral issues 	<ul style="list-style-type: none"> Parenting groups - Referrals to mental health or intensive in home parenting help - Collaboration with schools and other community stakeholders 	<ul style="list-style-type: none"> - Substance Use Treatment - Family therapy - Individual therapy - Parent- child interaction therapy
Complex/Co-Occurring	<ul style="list-style-type: none"> - Parenting skills for children with chronic illness - Health Empowerment - Assessing level of needs 	<ul style="list-style-type: none"> - Coordination with youth services - Coordination with schools 	<ul style="list-style-type: none"> - Family therapy, - In-home intensive therapy

Adolescents 12 – 18

	Consultation	Care-Coordination	Co-Location
Health/Development Needs	<ul style="list-style-type: none"> - Consent and medical decision-making - Sexual health - Needle phobia - Healthy Eating - Autism Screening 	<ul style="list-style-type: none"> - Referrals to obesity programs, nutritionist, sleep studies, family planning 	<ul style="list-style-type: none"> - Brief therapy for chronic illness, support for pregnancy.
Mental Health	<ul style="list-style-type: none"> - ADHD (still!) - Emotional regulation skills - Social Skills - Sleep issues - Brief Grief and Trauma - Behavioral issues - Substance use - Depression & Anxiety 	<ul style="list-style-type: none"> - Parenting groups - Referrals to mental health or intensive in home parenting help - Collaboration with schools and other community stakeholders 	<ul style="list-style-type: none"> - Substance Use Treatment - Family therapy - Individual therapy - Parent- child interaction therapy
Complex/Co-Occurring	<ul style="list-style-type: none"> - Parenting skills for children with chronic illness - Health Empowerment - Assessing level of needs 	<ul style="list-style-type: none"> - Coordination with schools, juvenile justice - Help with launching, college 	<ul style="list-style-type: none"> - Individual therapy, family therapy, systems-level interventions

In Focus:

Pathway for ADHD Evaluation and Treatment

ADHD Evaluation & Treatment

Pre-visit Planning

- a. ROI for school
- b. Gives family Vanderbilts for teachers and parents
- c. If child is >13, gives Pediatric Symptom Checklist self-report
- d. Same day visit to introduce BHC or flags BH for consult at next visit

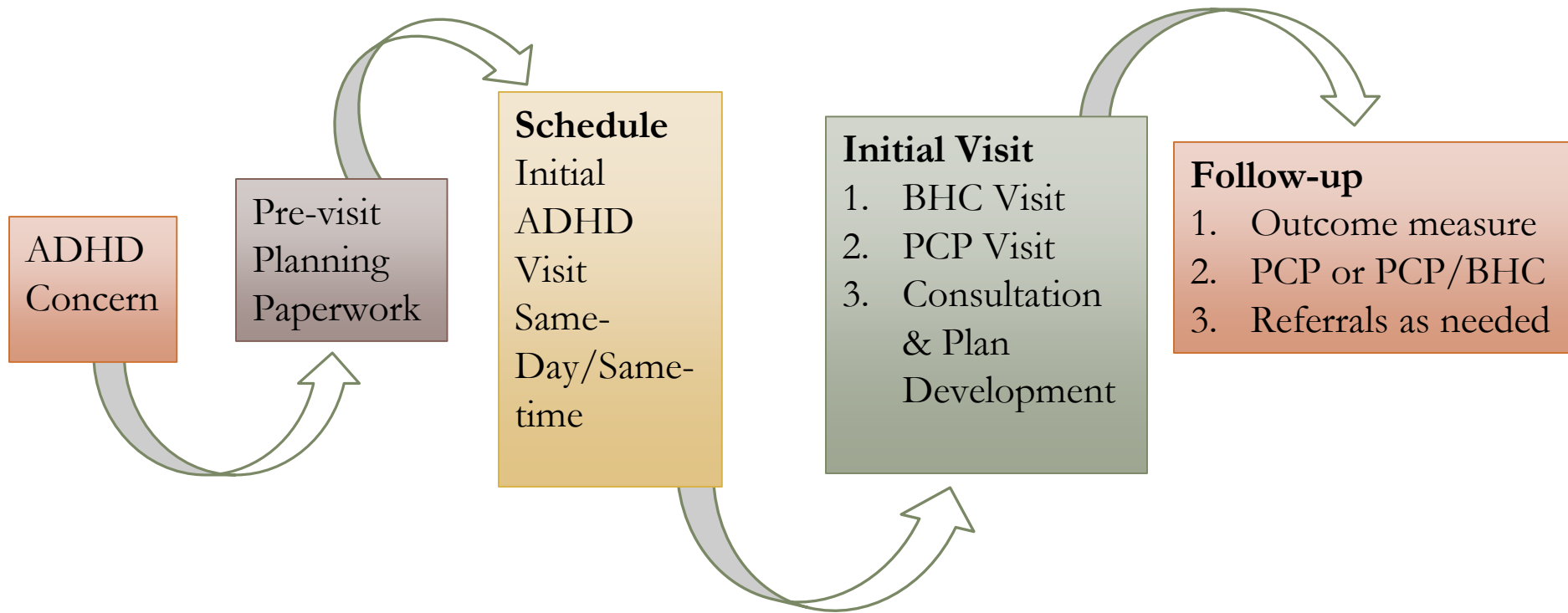
Initial Visit

- a. Review information provided by school through ROI
- b. Screen for differential diagnoses
- c. Provide anticipatory guidance to families
- d. Provide brief intervention to families
 - i. Parent training for children of all ages
 - ii. Consult with medical provider regarding Dx

Follow- ups

- a. Follow-up Vanderbilts at 3 month intervals.
- b. Potential ADHD -5 assessment
- c. Continued brief intervention
- d. Follow-up with school as needed
- e. Wrap around services to outpatient mental health as needed

Pathway



Getting Started in Your Clinic: Two Ways

Needs assessment

Population-based

How many children are there in the community, what are disease prevalence rates, how many behavioral health providers does your community have?

Clinic based

What is the clinic's prevalence rate for chronic health conditions, like ADHD, Asthma, Obesity, depression?

Universal Screening

- Align with current universal screening process
- Pick an age range or issue and start there
- Choose from the many free or inexpensive broad measures like Pediatric Checklist

Clinical Pearls

- Consider starting with process improvement.

Collect data and compare it to best practices

- Consider starting with universal screening
Use universal screening data to gain buy in and support

- Match your training to needs

Find the right kid-trained people to get started or begin with good professional development



Resources

Johns Hopkins PICC Toolkit:

<http://web.jhu.edu/pedmentalhealth/PICC%20TOOLKIT%201.pdf>

SAMHSA:

<https://www.integration.samhsa.gov/integrated-care-models/children-and-youth>

Project Launch:

<https://healthysafechildren.org/topics/integration-behavioral-health-primary-care-settings>

Questions?

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Piedmont Health Services

CIHS Tools and Resources

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related topic!



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