

# Sustaining Integration: Preparing for Life After Your Grant

Mindy Klowden, SAMHSA-HRSA Center for Integrated Health Solutions

Chris Axford, Berks Counseling Center

Todd Van Buskirk, Porter-Starke Services, Inc.

# Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the Health Resources and Services Administration (HRSA), or the U.S. Department of Health and Human Services (HHS).

# Discussion topics

- Overview of what integration looks like
- Porter-Starke one-year post grant; Berks Counseling Center's plans on October 1
- Financing (fee for service, value-based payment)
- Lessons learned around leadership and building an organizational culture of integration
- Continued barriers to sustaining integrated care and/or bringing integration to scale
- Recommendations for grantees coming to the end of their SAMHSA funding

# Porter-Starke Services, Inc.



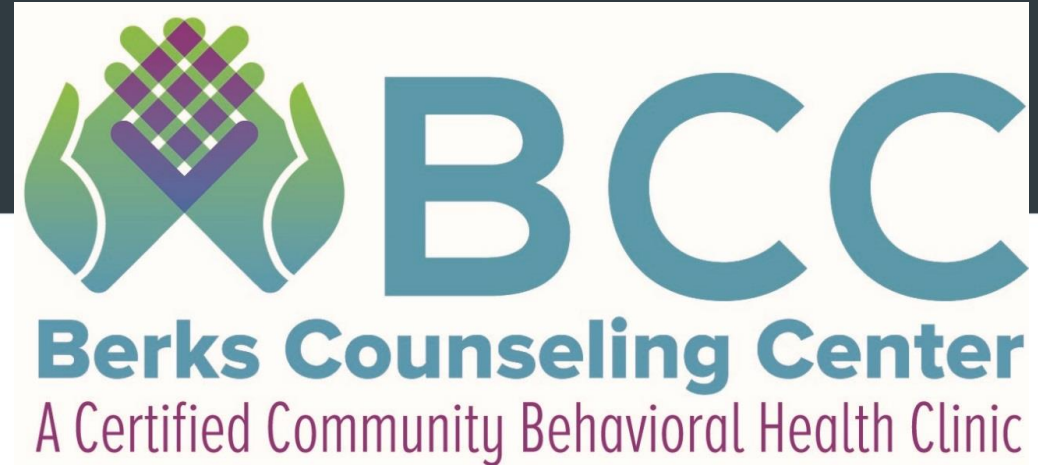
**Todd Van Buskirk, LCSW, LCAC**  
**Director of Integrated Care**  
**Porter-Starke Services, Inc.**

Todd has served in various clinical roles at Porter-Starke Services (PSS) in Valparaiso, Indiana for 10 years. He was providing behavioral health services in a primary care setting when PSS was awarded the SAMHSA PBHCI Grant (Cohort VI) in 2013.

Todd was named Project Director and has helped manage a collaborative effort that includes three community mental health centers and two FQHCs at five locations in Northern Indiana.

He enjoys the learning process and is pleased to share part of his journey with other grantees.

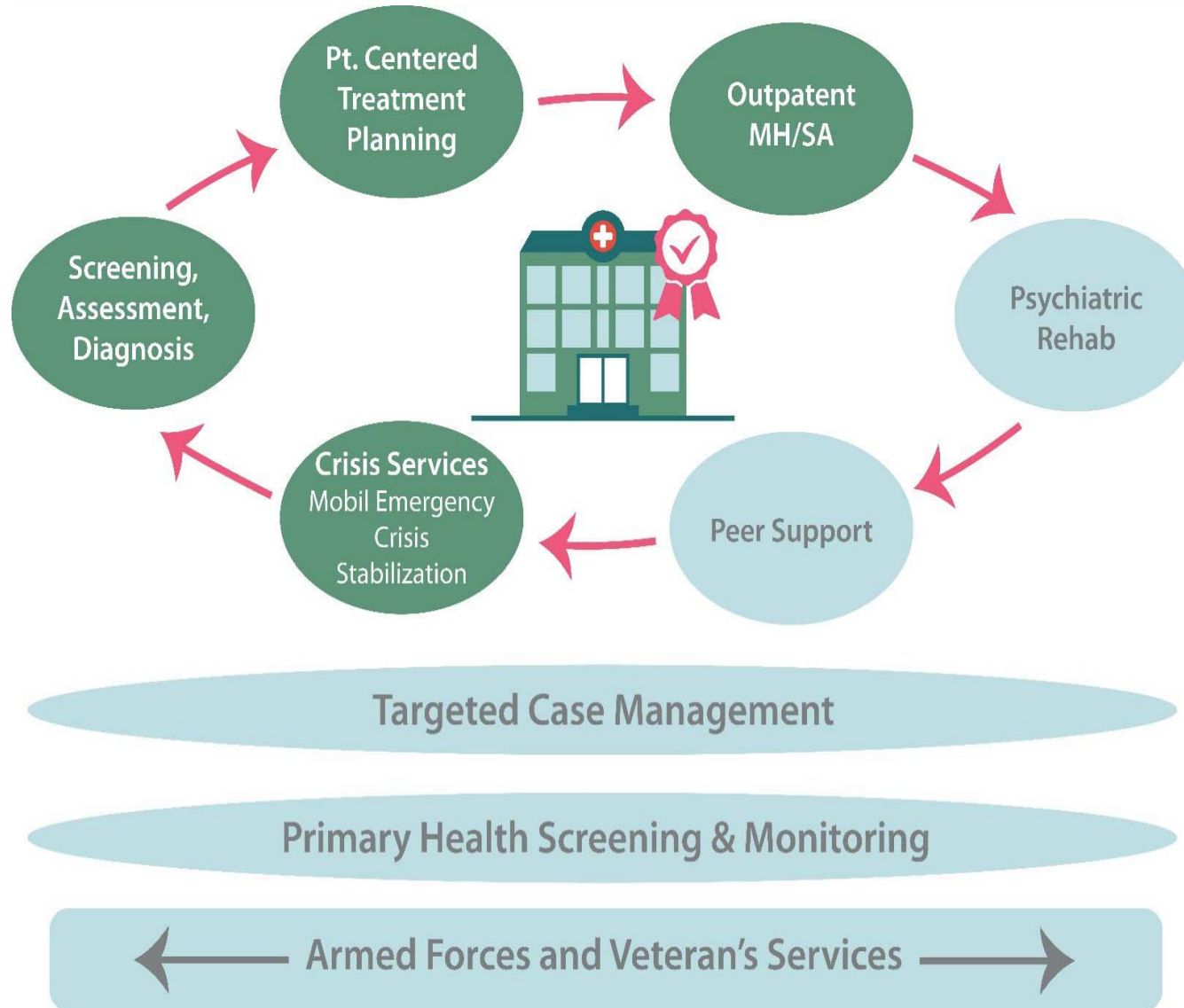
**Christine Axford, MEd LPC**  
**Chief Operating Officer/Vice President**  
**Berks Counseling Center**



Berks Counseling Center is a Certified Community Behavioral Health Center (CCBHC) located in Reading, Pennsylvania. Berks has been a PBHCl grantee since 2014 and will be finishing the grant in October.

Chris has been employed with Berks Counseling Center since 1988 serving in many different capacities. She is the Project Lead for both the SAMHSA PBHCl Grant and CCBHC Demonstration Project. She has a bachelor's degree in psychology and economics and business administration from Ursinus College, a master's degree in counseling psychology from Temple University, and continues to maintain status as a Licensed Professional Counselor in PA. She has presented on integrated care at local, state, and national conferences and has served as an Adjunct Professor at Alvernia University.

# 9 Core Services of CCBHCs





Caring Team  
Approach  
to  
Integrated  
Behavioral &  
Physical Health  
Care







# Discussion

# SAMHSA-HRSA Center for Integrated Health Solutions

## WHO WE ARE

The **SAMHSA-HRSA Center for Integrated Health Solutions (CIHS)** is a national training and technical assistance center dedicated to the planning and development of **integration of primary and behavioral health care** for those with mental illness and/or substance use disorders and physical health conditions, whether seen in specialty mental health or primary care safety-net provider Settings across the country.

CIHS is jointly funded by Substance Abuse and Mental Health Services Administration (SAMHSA) and the Health Resources Services Administration (HRSA), and is run by the National Council for Behavioral Health through the contract task order HHSS283201200031I/HHSS28342001T, Ref No. 283-12-3101.

# CIHS News and Resources

Visit

[www.integration.samhsa.gov](http://www.integration.samhsa.gov)

or e-mail

[integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)

Free consultation on any  
integration-related topic!

The screenshot shows the homepage of the SAMHSA-HRSA Center for Integrated Health Solutions. At the top, there is a navigation bar with the tagline "Making Integrated Care Work" and the phone number "202.684.7457". Below this is a search bar and a link to the "eSolutions newsletter". The main navigation menu includes links for "About Us", "Integrated Care Models", "Workforce", "Financing", "Clinical Practice", "Operations & Administration", and "Health & Wellness". A secondary navigation bar features social media icons for Facebook, Twitter, and Listserve, along with links to "Ask a Question" and "Email".

The main content area is divided into several sections. On the left, there is a featured article titled "Core Competencies for Integrated Behavioral Health and Primary Care" with a sub-headline "An essential foundation for preparing and further developing an integrated workforce." and a set of five numbered icons. Below this is a "CALENDAR OF EVENTS" section listing two events: "Substance Use and Mental Disorders: Early Detection, Prevention, and Treatment" (February 26, 2014) and "Integrating Peer Support in Primary Care" (February 27, 2014).

On the right, there is a section titled "ABOUT CIHS" with the text "SAMHSA-HRSA Center for Integrated Health Solutions" and a description of CIHS's mission. Below this is a "TOP RESOURCES" section featuring two articles: "Integrating Physical and Behavioral Health Care: Promising Medicaid Models" (February 24, 2014) and "February Is American Heart Month!" (February 21, 2014). Each article includes a thumbnail image and a brief description.

# Thank You

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

The mission of HRSA is to improve health and achieve health equity through access to quality services, a skilled health workforce, and innovative programs.

Mindy Klowden, [MindyK@thenationalcouncil.org](mailto:MindyK@thenationalcouncil.org)

Chris Axford, [caxford@berkscc.org](mailto:caxford@berkscc.org)

Todd Van Buskirk, [tbuskirk@porterstarke.org](mailto:tbuskirk@porterstarke.org)

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