



***SAMHSA-HRSA
Center for Integrated
Health Solutions***

Creating Academic Partnerships: Clinical and Workforce Benefits

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About the Speaker



Alice Geis is the Director of Integrated Health at Trilogy Behavioral Health and is a faculty member at Rush University College of Nursing in the Department of Community, Systems, and Mental Health. In her faculty role, she teaches live, online, and clinical courses to psychiatric nurse practitioner, advanced public health, and pre-licensure nursing students. She founded and directed a hospital-based psychiatric home care program and has consulted in program development.

In addition to her administrative duties in the Integrated Health Program at Trilogy, she provides diagnostic evaluations, medication management, and group treatment as a psychiatric nurse practitioner, and oversees the wellness and health promotion services.

Agenda

- Who are we & why did we pursue an academic partnership?
- Current forces driving academic partnerships
- Elements of successful partnerships
- Benefits to stakeholders: what's in it for us?
- How did we establish the partnership?
- Experience to date: successes, setbacks, challenges
- Next steps & future directions
- Summing up: considerations if pursuing an academic partnership - Questions to consider, lessons learned, helpful tips for grantees
- Questions & Discussion

Learning Objectives

At the end of the presentation participants will be able to

- Identify characteristics of successful partnerships between integrated health programs and academic centers
- Discuss ideas for implementing new or expanded partnerships with academic programs in their centers
- Identify opportunities and barriers to implementing partnerships with colleges or universities



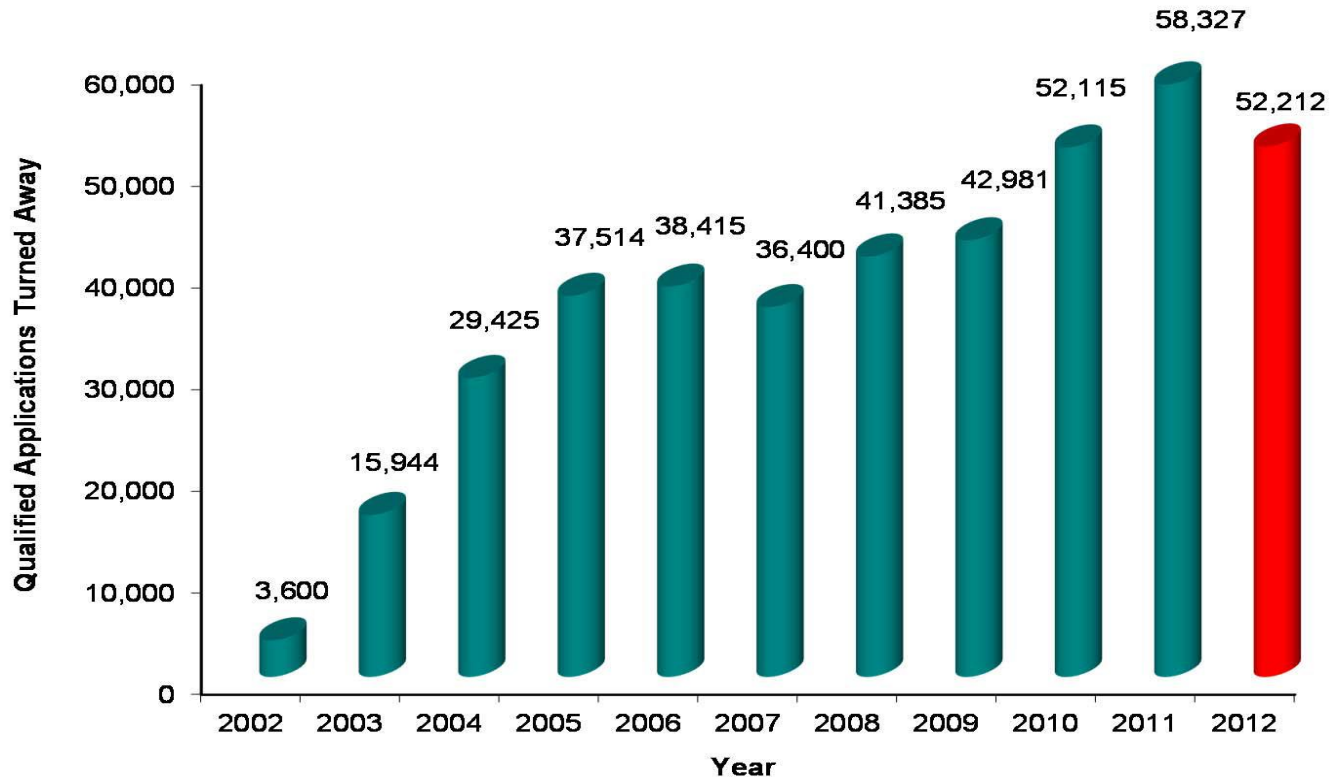
What do we know about academic practice partnerships?

- Descriptions of programs in the literature
- Mostly anecdotal evidence for success
- Some organizations working on models

Why Now?

- Cutbacks to mental health services in many states leading to lean staffing of agencies
- Affordable Care Act provisions favoring ramping up services in well-coordinated care systems
- Competition for clinical placements for students
- Workforce development needed in integrated health

Qualified Applications Turned Away from Entry-Level Baccalaureate Nursing Programs:2002-12



Learning to work in Integrated Settings

Integrated care requires good interprofessional communication & collaboration skills (Curran, et. al, 2012)

Our workers are educated in silos



What helps or hinders academic/practice partnerships?

- Barriers
 - Lack of time
 - Lack of resources
 - Lack of communication
- Facilitators
 - Shared vision with mutual goals and objectives
 - Clear communication
 - Regular contact and engagement

American Association of Colleges of Nursing. (2013).

Benefits to the CMHC/Clients

- Student projects are aligned with agency priorities and can build on one another
- Opportunity to educate professionals about SMI
- Can help to build your own workforce
- Support mutual learning & staff development
- Clients receive services they might not otherwise due to financial constraints
- Opportunities to work in areas where organizational missions align

Benefits to the University/Students

- Reliable and regular placements for students in cutting-edge areas of Integrated Health
- Build student confidence in working in inter-professional practice settings
- Helps keep participating faculty current in clinical skills and knowledge
- University gains access to experts in public psychiatry and community behavioral health

Elements of Our Academic Partnership

- CMHC Director of Integrated Health is a faculty member at academic partner organization
- Developed with the academic practice program
- 250 nursing students so far
- Nursing students collaborate with staff and students of other disciplines in learning and bringing value to programs & client care

Partnering with Clients for Health



An Example from a Partnership with a CON: Types of Students & Courses

- Pre-licensure or “GEM” nursing
- Advanced Public Health Nursing
- Psychiatric Nurse Practitioner
- Family Nurse Practitioner
- Specialty and Systems Leadership doctoral
- Psychiatric Nursing
- Public Health Nursing
- Advanced Public Health Courses
- Comprehensive clinical management
- Clinical immersion

Box o' Projects

- Projects selected through student key informant interviews with agency staff
- Always prepared with ideas for student work
- Continuity of projects which build on each other
- Topic areas: Nutrition & Exercise, Smoking Cessation, Sexual Health

How to Address Sexual Health



A Guide for Staff Communication about Sexual Health

Poster

Pregnancy Prevention

<p>Male Condom</p> <ul style="list-style-type: none"> Worn by the man Prevent pregnancy, HIV, and STDs Can be used for sex in the vagina, mouth, or butt Cheap; No prescription needed Can buy in grocery/drug store Only use with water lubricants (such as KY-Jelly or AstroGlide) Can be used with spermicide for greater pregnancy prevention (Do not use spermicide alone) Not involve hormones <p>Success:</p> <ul style="list-style-type: none"> 2% chance of getting pregnant if always used correctly Practice using on your own in order to use it correctly before being with a partner Must be put on penis correctly <p>Reminder:</p> <ul style="list-style-type: none"> Only use one condom at a time If it has been put on the wrong way, do not use it. Throw it away and get a new condom. Put on a new condom every time you have sex. 	<p>Female Condom</p> <ul style="list-style-type: none"> Allows women to be in control Prevent pregnancy, HIV, and STDs Can be used for sex in the vagina or butt Can be used with oil-based and water-based lubricants Cheap; No prescription needed Can buy in grocery/drug store Not involve hormones <p>Success:</p> <ul style="list-style-type: none"> 5% chance of getting pregnant if always used correctly Practice using on your own in order to use it correctly before being with a partner Must be put in vagina or butt correctly <p>Reminder:</p> <ul style="list-style-type: none"> Put spermicide on the outside of the condom Put on a new condom every time you have sex. To remove, twist the top of the condom and pull from vagina, making sure not to have sperm leak into vagina 	<p>Diaphragm and Spermicide</p> <ul style="list-style-type: none"> Allows women to be in control Prevent pregnancy Woman puts in vagina and it blocks sperm Must be used with spermicide (Do not use spermicide alone) Can be carried in a purse or pocket Do not have to buy another diaphragm for 2 years Not involve hormones <p>Success:</p> <ul style="list-style-type: none"> 6% chance of getting pregnant if always used correctly Must be put in vagina correctly <p>Reminder:</p> <ul style="list-style-type: none"> Must not remove for 6 hours after sex If over 6 hours and have sex again, put spermicide on diaphragm again Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs
<p>Birth-Control Pills</p> <ul style="list-style-type: none"> Allows women to be in control Prevent pregnancy Woman takes everyday at same time Many different types available Not have to stop sex Can make periods shorter and lighter <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can take birth-control pills; Ask your doctor Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs Certain medications cannot be taken Woman should not smoke 	<p>Patch: Ortho Evra</p> <ul style="list-style-type: none"> Allows women to be in control Woman wears a thin patch that sticks on her skin Woman puts on a new patch every week for three weeks; The fourth week you leave the patch off. Prevent pregnancy Can make periods shorter and lighter Not have to stop sex <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if always used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can be on the patch; Ask your doctor Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs Certain medications cannot be taken Woman should not smoke 	<p>Implant: Implanon</p> <ul style="list-style-type: none"> Allows women to be in control Size of a match Doctor puts under woman's skin in upper arm Can prevent pregnancy up to 3 years Not have to stop sex <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if always used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can have this implant; Ask your doctor Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs Certain medications cannot be taken
<p>IUD: Mirena and ParaGard</p> <ul style="list-style-type: none"> Allows women to be in control Small T-shaped device Doctor puts in woman's uterus Not have to stop sex <p>Mirena:</p> <ul style="list-style-type: none"> Can prevent pregnancy up to 5 years Can make periods shorter and lighter <p>ParaGard:</p> <ul style="list-style-type: none"> Can prevent pregnancy up to 12 years Does not change hormone levels <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if always used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can have these devices; Ask your doctor Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs 	<p>Shot: Depo-Provera</p> <ul style="list-style-type: none"> Allows women to be in control Prevents pregnancy for 3 months Get shot every three months Not have to stop sex Do not have to worry about not using product right Ask your doctor <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if always used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can have this shot; Ask your doctor Need to visit doctor every 3 months to get shot Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs 	<p>Ring: Nuva Ring</p> <ul style="list-style-type: none"> Allows women to be in control Prevents pregnancy Involves a small, flexible ring that woman puts in vagina Leave in vagina for three weeks and than take out for a week; Can remove for up to three hours for sex—optional Not have to stop sex Ask your doctor Can make periods shorter and lighter <p>Success:</p> <ul style="list-style-type: none"> Less than 1% chance of getting pregnant if always used correctly <p>Reminder:</p> <ul style="list-style-type: none"> Not all people can have this device; Ask your doctor Does not keep you safe from STDs or HIV; You should also wear a condom if you or your partner are having sex with someone else or if your partner has not been tested for STDs Certain medications cannot be taken

Adapted from "Birth control."
Planned Parenthood, 2012.
Retrieved from
<http://www.plannedparenthood.org/health-topics/birth-control-4211.htm>

Take Charge

Reference: Planned Parenthood. (2012). *Birth control*. Retrieved from <http://www.plannedparenthood.org/health-topics/birth-control-4211.htm>

Healthy Snacks

Aldi Prices

Yogurt \$0.39

Greek yogurt \$0.89

Baby carrots \$ 1.29

Celery \$1.49

Mini whole wheat bagels \$1.99

Bananas \$0.39 per lb

Dried cranberries \$1.19



Policy Level Benefits of Collaboration



Student Participation in Congresswoman's Visit



Successes - Workforce Development

- Students learn about working outside of traditional disciplinary and mental health/general health silos
- Students who have had one clinical course have asked for placement in a subsequent one, or volunteered after graduation
- Former students have joined the agency as employees
- Students comment on positive element of interprofessional work environment

Unexpected Benefits: Partnership in the GNE Demonstration Grant

- A 4 year grant mandated by Affordable Care Act
- Funded at \$200 million from Center for Medicare & Medicaid Services
- Goal to increase the supply of advanced practice registered nurses (APRNs) to improve access to services for people with Medicare and Medicaid
- Defrays cost to agencies and hospitals of training APNs (e.g. 1 day of training per term = \$ 3,375)

Other Collaboration Projects & Potential Future Directions

- The Center for Integrated Health Education
- Collaboration with the Office of Professional Education and Community Outreach
- Graduate Nurse Demonstration Project Grant
- Liaison with other departments in medical center
- Research projects

Tips for Participants

- Do joint planning
- Communicate, early & often
- Dedicate resources
- Orient faculty & students to your framework of care
- Consider a faculty practice arrangement
- Consider any impact on staff productivity
- Reinforce culture of teaching & learning

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