



2020 Cities Thrive Mental Health Coalition Monthly Call Series

Tuesday, October 13th

2:15-3:30pm/Eastern Time

“World Mental Health: How Global Cities are Changing the Mental Health Landscape”

Call-In: 347-719-7789 (No Pin)

PARTICIPANTS

City of New York, United States – [Thrive NYC](#)

Presenter: TBD

Description: ThriveNYC is an unprecedented commitment across 12 City agencies to implement over 30 innovative programs that reach hundreds of thousands of New Yorkers every year. We reach people with the highest need – those with serious mental illness, those harmed by trauma, and those living in historically underserved neighborhoods. And we eliminate barriers to care for all New Yorkers by providing free services in over 200 languages, regardless of insurance or immigration status. We are working toward a New York City where more New Yorkers get the mental health treatment they need and fewer mental health needs become crises. Launched by First Lady Chirlane McCray and Mayor Bill de Blasio in 2015, ThriveNYC tackles critical gaps in our mental healthcare system and activates every part of City government to promote mental health. In 2019, this work was consolidated in the new Mayor’s Office of ThriveNYC, which is focused on strong programmatic oversight, coordinated evaluation and research, and strategic community, government and partner engagement. Our programs advance four goals: Promote mental health for the youngest New Yorkers, Reach people with the highest need, Strengthen crisis prevention and response, and Eliminate barriers to care.

City of London, United Kingdom – [Thrive London](#)

Presenter: TBD

Description: Thrive LDN is a citywide movement to improve the mental health and wellbeing of all Londoners. It is supported by the Mayor of London and led by the London Health Board partners.

City of Toronto, Canada - Mental Health Promotion

Presenter: TBD

Description: The City of Toronto provides mental health promotion services to non-profit and community-based health and social service providers, agencies and organizations within Toronto who: work with vulnerable and marginalized populations, do not have other sources of funding for mental health promotion and consultation, experienced a critical violent/traumatic incident in their community and request brief group psychosocial support. They help to address mental health using a population mental health promotion approach. Although they do not directly provide treatment, counselling or acute mental health care services. The City does provide the following services:

- **Consultation:** We consult and provide information about mental health promotion on topics that align with our education and skill-building services



- **Education and Skill Building:** We provide education and skill-building workshops to groups of health and social service providers to strengthen their mental health promoting capacity. These workshops integrate trauma-awareness and narrative approaches, and include: foundations of mental health promotion, mental health at work, including: occupational stress reactions, compassion fatigue, vicarious trauma, burnout peer support, managing challenging client situations, intimate partner violence and gender-based violence prevention, suicide prevention, psychological first aid
- **Strengthening Community Mobilization and Action:** We collaborate and partner with community stakeholders, health and social service organizations, other City of Toronto Divisions, and other levels of government to: identify mental health promotion issues and strategic solutions, advocate for system-level changes to improve mental health at a population level, develop programs and policies that improve the mental health of people who live, work and play in the City of Toronto.
- **Community Support Team:** The team is made up of Mental Health Nurse Consultants and other Public Health staff. We receive referrals from the community, health and social service agencies, local workplaces and the City of Toronto's Community Crisis Response Program. We provide group psychosocial support following a critical violent/traumatic incident in the community to improve coping and resiliency of those involved. The Community Support Team does not provide individual treatment, counselling or acute mental health care services.