

Three Covid-19 Centers of Excellence

Ted Long, MD, MHS
Exec. Dir., NYC Covid-19 Test & Trace Corps
Sr. VP, Ambulatory Care
NYC Health + Hospitals

Three Covid-19 Centers of Excellence

- **Our three COVID-19 Centers of Excellence** are innovative, state-of-the-art, brand new facilities that provide short- and long-term follow-up care for those recovering from COVID-19
- Our **Gotham Health/Tremont** site in the Bronx is open now and seeing patients, and two additional sites, in Queens and Brooklyn, will open later this Winter

OVERVIEW

Three Covid-19 Centers of Excellence

- While the pandemic was in NYC's initial surge, we immediately knew we had to **design a care delivery model to take care of survivors** given the health effects we were seeing in our system
- **COVID-19 Center of Excellence:** Services offered include lung care and supplemental oxygen, cardiac evaluation and care, diagnostic radiology services, **mental health services for anxiety, depression, post-traumatic stress disorder, and psychological distress**
- We have **rooms with special technology** to safely isolate patients who may have COVID-19, and are being tested, too
- Not only that, these three locations offer comprehensive primary care with a range of services to **keep the entire family healthy**

Focus on Mental Health

- A recent study that reviewed over 62,000 patient records of COVID-19 survivors found that **survivors appear to be at increased risk for psychiatric sequelae**
- The incidence of any psychiatric diagnosis in the 14 to 90 days after COVID-19 diagnosis was 18% - that's almost **1 in 5 survivors**
- The incidence of a first-time, **new** psychiatric diagnosis was about 6% over the same time period - that's about 1 in 20 survivors
- The greatest risk was for **anxiety disorders, insomnia, and dementia**
- The mental health burden of COVID-19 disease in our community **may be staggering**

Type of Mental Health support offered

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- These centers were **designed to meet the community** and its mental health survivorship needs
- Across the three sites and once fully hired and staffed, our behavioral health services will come from an **array of providers**, including licensed clinical social workers, psychologists, and psychiatrists
- The behavioral health team will be attuned for **post-COVID impact** on existing behavioral health diagnoses and will be on the lookout for new ones among survivors
- Additionally our teams will pay attention to acute and ongoing grief for **patients who lost loved ones**

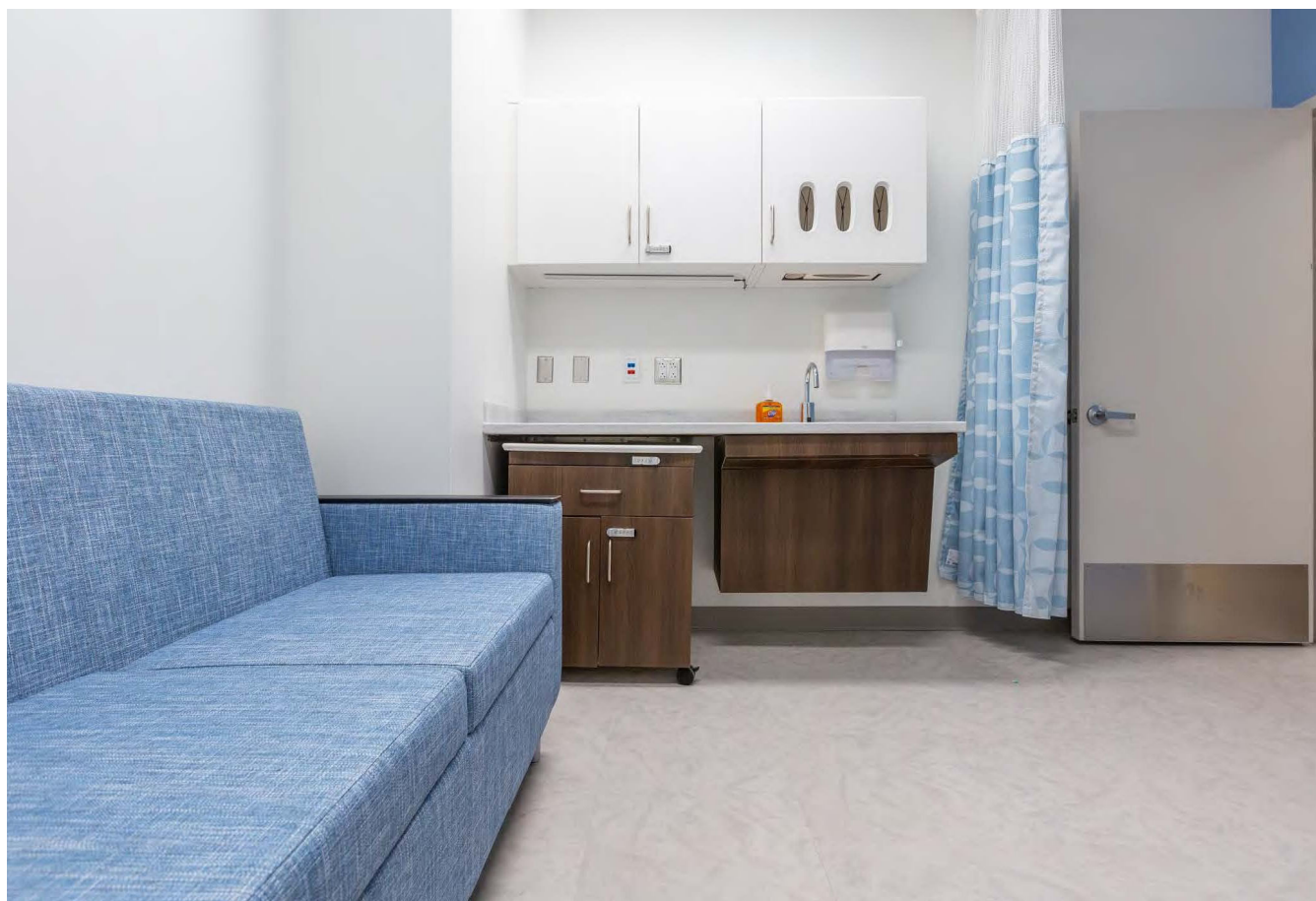
- **Gotham Health / Tremont** is now open and accepting patients in the Bronx. Our primary care physicians are evaluating COVID-19 survivors and making sure they receive the needed follow-up care
- **Patient Appointment Line 844-NYC-4NYC**
- **We are actively recruiting for Staff**
<https://employment.nychhc.org/welcome.html>
- Our remaining two sites in Queens and Brooklyn will be opening later this Winter



Covid-19 Center of Excellence

Integration of Primary Care, Behavioral Health, and Specialty Care

Mental Health Consultation Room





Patient Waiting Room

Integration of Primary Care, Behavioral Health, and Specialty Care

