



2021 Cities Thrive Coalition Monthly Call Series
Tuesday, July 13, 2021
2:15-3:30pm/Eastern Time

Supporting LGBTQ Young People's Mental Health

FORMAT: Zoom (*Link and Passcode to be shared when members RSVP*)

AGENDA

- **2:15 PM: Welcome**
- **2:20 PM: Introductory Remarks**
 - Alex Roque – Board Member, Born This Way Foundation and President & Executive Director, Ali Forney Center
- **2:25 PM: Born This Way Foundation Presentation and Q&A**
 - Alex Aide – Director of Programs and Impact, Born This Way Foundation
- **2:45 PM: NYC Presentation and Q&A**
 - Kaity Lloyd-Styles, MPH – Coalition and Media Prevention (CAMP) Program Manager, NYC Department of Health & Mental Hygiene
 - Cornelius Wiggins – Youth Substance Use Engagement Specialist, NYC Lesbian, Gay, Bisexual & Transgender Community Center
- **3:05 PM: Los Angeles County Presentation and Q&A**
 - Dr. Rebecca Gitlin, Ph.D – Clinical Psychologist and LGBTQ+ Services Specialist, LA County Department of Mental Health
- **3:25 PM: Wrap Up**

PROGRAMMING

- **Special Guest:** Alex Roque – Board Member of the Born This Way Foundation and President & Executive Director of the Ali Forney Center
- **Born This Way Foundation – Campaigns and Resources for Young People**
 - ***Presenter:*** Alex Aide, Director of Programs and Impact, Born This Way Foundation
 - ***Description:*** Born This Way is committed to supporting the wellness of young people and working with them to build a kinder and braver world. They work with young people to build communities that provide approachable resources, foster genuine connections, and drive action. They also ensure their work is grounded in youth voice by collecting and documenting youth experiences of mental health and factors that impact wellbeing.
- **City of New York – Coalition and Media Prevention (CAMP) Program**
 - ***Presenters:***
 - Kaity Lloyd-Styles, MPH –CAMP Program Manager, NYC Department of Health & Mental Hygiene
 - Cornelius Wiggins – Youth Substance Use Engagement Specialist, NYC Lesbian, Gay, Bisexual & Transgender Community Center



- **Description:** The CAMP Program funds six community coalitions across the five boroughs of NYC to change the environment where people live, work, and play. The goal of this work is to create environmental changes that reduce the trauma experienced by LGBTQ+ youth and increase supports, thereby resulting in a reduction in substance misuse as a coping strategy. To address the needs of LGBTQ+ youth that have arisen due to COVID-19, the CAMP coalitions have also provided direct services in the form of care coordination, support groups, and/or skills building training to LGBTQ+ youth. The coalitions have directly worked to support the mental health of LGBTQ+ youth during the pandemic by connecting individuals to affirming mental health providers, providing peer support groups, and hosting listening sessions for LGBTQ+ youth to connect and grieve together.
- **Los Angeles County – LGBTQIA2-S Mental Health Initiatives**
 - **Presenter:** Dr. Rebecca Gitlin, Ph.D – Clinical Psychologist and LGBTQ+ Services Specialist, LA County Department of Mental Health
 - **Description:** The Los Angeles County Department of Mental Health (LACDMH) established its first ever LGBTQ+ Services Specialist position in March 2020 to facilitate the improvement and expansion of culturally responsive services for LGBTQ+ community members. Two of the primary initiatives for this position will be described. A process to expand and standardize collecting sexual orientation and gender identity (SOGI) data was established in collaboration with other County departments and community stakeholders. This will help Los Angeles County departments accurately assess social determinants and outcomes while guiding the implementation of culturally responsive services. Within LACDMH specifically, one such service includes the Gender Affirming Treatment Advocates; these are clinicians who have received specialized training to write support letters for transgender individuals to facilitate access to gender affirming treatment within Los Angeles County’s public healthcare systems.