





Today's Moderator



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About PCDC

Primary Care Development Corporation (PCDC) is a national nonprofit organization and a community development financial institution catalyzing excellence in primary care through strategic community investment, capacity building, and policy initiatives to achieve health equity.





Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



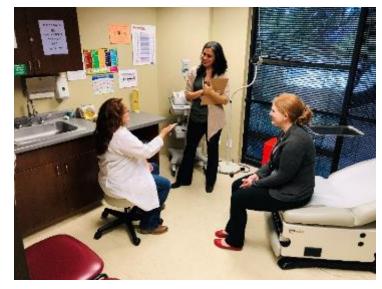
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Integrating Care Through a Biopsychosocial Approach to Health

- Improve awareness, screening and interventions to support addressing sleep challenges and corresponding impacts:
 - Identify interrelated effects of sleep deficiency
 - Build skills for partnering with patients around sleep
 - Develop an interdisciplinary toolbox on sleep



(Image courtesy C. Aguilar)



Solving for Sleep Webinar Series

- December 3rd Sleep: The Foundation of Improved Health Outcomes
- January 7th Unseen Impacts: Health Disparities and Sleep
- February 4th Behavioral Health Lens on Sleep: Assessment and Intervention

- March 4th One Good Night:
 Experiences of Patients and Families
 Across the Lifespan
- April 1st Physical Health and Primary Care Lens on Sleep: Assessment and Intervention
- May 6th What about Us? A
 Discussion with and for Healthcare
 Providers

For further information and to register, please visit pcdc.org/sleep





Audience Demographics Poll

- Do you work in a:
 - Primary care setting
 - Behavioral health setting
 - Integrated care setting

- Are you working primarily as a:
 - MD/DO
 - Nurse Practitioner
 - Physician Assistant
 - Registered Nurse
 - Medical Assistant
 - Therapist
 - Social Worker
 - Care Manager
 - Other





Kids Sleep too: A Younger Perspective on Sleep







Today's Lived Experience Panel



Elizabeth Burman McEntire laburmano7@gmail.com



Eugena Brooks afronativeamerican@yahoo.com



Matt Gentry mgentry33@gmail.com



Office Hour







Upcoming CoE Events:

CoE Office Hour: Rural Health Challenges during COVID-19

Register here for webinar on March 11, 2-3pm ET

CoE Office Hour: Strategies for Improving Care Provided to the LGBTQ+Community

Register here for office hour on March 16, 3-4pm ET

Interested in an individual consultation with the CoE experts on integrated care?

Contact us through this form here!

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Check out integrated health trainings from Relias here

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Contact Us



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Learn more about our year-long virtual initiative and register for the webinar Series at pcdc.org/sleep.

