



TRAUMA-INFORMED, RESILIENCE-ORIENTED, EQUITY-FOCUSED SYSTEMS CONSULTING SERVICES



The National Council for Mental Wellbeing’s Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) consulting services team offers training, technical assistance and coaching to organizations and communities. Our more than 40 offerings increase knowledge, skills and abilities around creating safe, compassionate and equitable spaces that support resilience, growth and the reduction of re-traumatization.

Transform organizational and community culture through practices that are replicable, sustainable and create lasting change.

RECOMMENDED FOR:



Organizations



Schools



State and Local Government



Communities and more

LEARNING COMMUNITIES AND COHORTS:

Learning communities and cohorts are longer-term commitments in which organizations, schools and communities receive up to 12 months of support in incorporating TIROES into their practices. Our offerings include:

- Individual Learning Communities
- Compassion Resilience Cohort
- Supervision Cohort
- Leadership Cohort
- And more

TRAININGS:

We can tailor trainings to meet your organization’s needs. These sessions — ranging from one-hour webinars to full-day sessions — can be held on their own or in combination with a learning community.

- TIROES for Everyone (Foundational Training)
- TIROES Safe and Secure Environments for All
- Transforming Compassion Fatigue Into Compassion Resilience
- Building Organizational Resilience
- Implicit Bias in Your Daily Work
- Addressing Diversity, Equity and Engagement in Organizational Structure
- And more

What is covered?

- Building on a foundation at the organizational level for sustainable, meaningful change.
- How trauma-informed care and equity influence and inform each other.
- Laying the groundwork to develop an equitable, trauma-informed and resilient workforce.



Reach out to Consulting@TheNationalCouncil.org to discuss your organization’s needs, availability and budget.

<< [Learn More](#)

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for Mental Wellbeing