



### **National Recovery Month – Sample Social Media Messaging**

*Join us in recognizing National Recovery Month throughout September! Use the sample social media messaging below to bring awareness to this important observance.*

#### **SAMPLE TWITTER POSTS**

- September is National Recovery Month. Join us in supporting the millions of individuals in recovery across the country! #RecoveryMonth #BH365
- Recovery is within reach. This National Recovery Month, let's celebrate the 22 million people who are in recovery from substance use issues. #RecoveryMonth #BH365
- Treatment works. Recovery is possible. Find out how recovery can improve your life, or the life of someone you love: <https://bit.ly/3gOzxDS> #RecoveryMonth #BH365
- Talking with a loved one about their substance use can be difficult. Here are a few tips for encouraging them to seek treatment: <https://bit.ly/34ICLmX> #RecoveryMonth #BH365

#### **SAMPLE FACEBOOK POSTS**

- This National Recovery Month, join us in celebrating the 22 million people across the U.S. who are currently in recovery. Recovery is possible! #RecoveryMonth #BH365
- Let your loved one know that recovery is within reach. Use these tips to start the conversation about their substance use: <https://bit.ly/34ICLmX> #RecoveryMonth #BH365
- Hope and help is available. This National Recovery Month, learn how you can help loved ones on their path toward recovery: <https://bit.ly/3yy8ORV> #RecoveryMonth #BH365
- Join me in celebrating National Recovery Month! Recovery is possible. Learn more about National Recovery Month: <https://bit.ly/3gL2EaX> #RecoveryMonth #BH365

