

TRAUMA-INFORMED, RESILIENCE-ORIENTED CARE

The National Council for Behavioral Health is pleased to announce the 2020 – 2021 Trauma-informed, Resilience-oriented Equity Call to Action Community of Practice. Since 2011, we have worked with behavioral health, social service and community organizations to implement trauma-informed, resilience-oriented change. This Community of Practice will provide participating organizations, systems and communities with training, technical assistance and coaching to advance trauma-informed, resilience-oriented approaches to addressing historical and ending contemporary racial inequities.

All applications must be completed and submitted through the [online application platform](#).

Learning Community Objectives

The National Council's trauma-informed experts will help you develop and implement a complete trauma-informed and resilience-oriented plan to:

- Increase awareness of the impact of trauma, resilience-building strategies and trauma-informed care.
- Implement trauma-informed, resilience-oriented best practices suited to your organization.
- Embed understanding of trauma and resilience into intake, screening and assessment processes.
- Develop a trauma-informed and resilient workforce.
- Build resilience in your workforce through prevention of and response to secondary traumatic stress and compassion fatigue.
- Increase consumer resilience, engagement and involvement.
- Create safe environments that avoid re-traumatization and promote resilience.
- Organize, collect, analyze and utilize data to sustain quality improvement.
- And more ...

Benefits of Participation

- Virtual consultation and technical assistance from a team of national experts, including 12 virtual learning sessions and six individual coaching calls.
- A thorough self-assessment of your program/organization to guide your action plan.
- An array of tools to support implementation of organizational change.
- Identification of outcomes that include performance indicators and tracking tools.
- Our national listserv with our team of trauma experts and alumni Learning Community members with access to resources, tools and contacts.

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Financial Information

The National Council will select participants through a competitive application process. The cost to participate in the Learning Community is:

- \$10,000 for National Council member organizations.
- \$15,000 for non-member organizations.

Criteria for Selection

In addition to completing the application and providing support materials, applicants need to meet the following criteria:

- Demonstrate commitment to measuring and recording outcomes.
- Able to access web-based meeting services via Zoom.
- Serve culturally diverse populations.

Organizational Commitments

The **Executive Leadership** of each organization must agree to answer a series of questions.

Regarding leadership buy-in, core implementation team recruitment and commitment to action, activities required for participation will include:

- Development of a cross-agency core implementation team.
- Equity climate assessment, both pre- and post-participation.
- TIROC organizational self-assessment, both pre- and post-participation.
- Development and implementation of a project plan.
- Report out of project plan results.
- Participation in 12 virtual learning sessions and six individual team coaching calls.

National Council faculty will be assigned up to five organizational teams. National Council faculty includes:

- Linda Henderson-Smith, Ph.D., LPC, Director, Children and Trauma-informed Services
- Elizabeth Guroff, MA, LMFT, Director, Trauma-informed Services
- Amelia Roeschlein, DSW, MA, LMFT, Consultant, Trauma-informed Services
- Laura Leone, DSW, MSSW, LMSW, Integrated Health Consultant
- Pam Pietruszewski, MA, Integrated Health Consultant
- Joan Kenerson King, RN, MSN, Integrated Health Senior Consultant

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Curriculum Overview

| Session | Topics to be Covered |
|-------------------|--|
| Pre-work | <ul style="list-style-type: none"> • Leadership buy-in • Core Implementation Team Development |
| Session 1 | <ul style="list-style-type: none"> • Orientation • Equity Climate Assessment, Pre-participation • TIROC OSA, Pre-participation • Coaching Call #1 (Intro and overview of organization and process) |
| Session 2 | <ul style="list-style-type: none"> • TIROC Overview – Trauma, Its Prevalence, Its Impacts, Moral Injury, Compassion Fatigue • Coaching Call #2 (Data review) |
| Session 3 | <ul style="list-style-type: none"> • TIROC Principles Overview |
| Session 4 | <ul style="list-style-type: none"> • Domain 5 – Safe and Secure (Physical, social, psychological and moral) environments) • Policies and Procedure Review • Coaching Call #3 (Project development) |
| Session 5 | <ul style="list-style-type: none"> • Domain 3 – Resilient Workforce • TI Supervision • Compassion Fatigue and Moral Injury |
| Session 6 | <ul style="list-style-type: none"> • Domain 3 – Resilient and Diverse Workforce • Hiring Practices • Interviewing Processes • Coaching Call #4 (Project plan action planning) |
| Session 7 | <ul style="list-style-type: none"> • Domain 1 – Screening and Assessment Processes Best Practices |
| Session 8 | <ul style="list-style-type: none"> • Domain 2 – Person-driven Services and How to Involve Communities of Color • Coaching Call #5 |
| Session 9 | <ul style="list-style-type: none"> • Domain 4 – Evidence-based Practices and Cultural Adaptations |
| Session 10 | <ul style="list-style-type: none"> • Domain 6 – Cultural Humility in Community Outreach, Partnership and Advocacy • Domain 7 – Implicit Bias in Data Collection, CQI and Sustainability • Coaching Call #6 |
| Session 11 | <ul style="list-style-type: none"> • 5x5 Presentations |
| Session 12 | <ul style="list-style-type: none"> • 5x5 Presentations |

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| Important Deadlines & Events |
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| August 20, 2020, 11:59 p.m. ET: Application deadline |
| September 7, 2020: Selected sites notified |
| September 25, 2020: Payment due: \$10,000 (National Council member organization) or \$15,000 (non-member organization) |
| October 2020: Kickoff Meeting for Learning Community participants |

Technical Questions Regarding Application

If you have questions about the criteria or application process, please contact Ciara Hill at CiaraH@TheNationalCouncil.org.