

## CCBHCs: Delivering Services in Schools to Meet the Needs of Children and Youth

**84%** OF CCBHCS

either already provide direct services on site at elementary, middle and high schools or plan to in the future

**63%**

engage in suicide prevention programming targeted to children, youth and/or teens

**42%**

provide Mental Health First Aid training to middle or high school teachers/staff

**20%**

provide Mental Health First Aid training to middle or high school students

### CCBHCs Are Required To:

- **Serve anyone, including youth.** Providers must include individuals with expertise in addressing trauma and promoting the recovery of children and adolescents with serious emotional disturbance (SED).
- **Include child-serving entities in their care coordination partnerships,** including schools, child welfare agencies, and juvenile and criminal justice agencies and facilities, Indian Health Service youth regional treatment centers, state licensed and nationally accredited child placing agencies for therapeutic foster care service, etc.
- **Collect child-focused data,** including for Child and adolescent major depressive disorder (Suicide Risk Assessment); Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents. In addition, states require reporting on follow-ups after hospitalization for mental illness, ages 6-21, and follow-up care for children prescribed ADHD medication

### As a Result of CCBHC Status:

- **New Jersey** clinics established telehealth-based child and adolescent service lines, created after-school hours services for children and youth, began in-home counseling with children, youth, and their families, and hired clinical staff for primary care and supplement needs for youth.
- **Michigan:** Children were over a third (34%) of all Easterseal's clients and five new colocation partners were added, with 121 students newly enrolled in school-based mental health services. In addition, the guidance center of Michigan has been able to provide services to an additional 552 children because of the CCBHC grant.
- **Missouri:** Compass Health created new staff positions, including Youth Behavioral Health Liaison and Youth Emergency Room Enhancement Clinician.
- **Nevada:** New Frontier created a dedicated mobile crisis team for youth.
- **Arkansas:** Western Arkansas Counseling and Guidance Center embedded staff into a juvenile detention setting where they provided care to 75 youth in that facility within just four months.