

General Health Integration ECHO

Frequently Asked Questions (F.A.Q.)



National Council for Mental Wellbeing ECHO Hub

Center of Excellence (CoE-IHS) for Integrated Health Solutions

Participant Frequently Asked Questions

Who is eligible to apply for this ECHO?

To be eligible for the ECHO, organizations must meet the following criteria:

1. Be a Certified Community Behavioral Health Clinic (CCBHC), either through the CCBHC-e Grant, CCBHC Demonstration or other CCBHC state level adoption, OR a mental health and substance use treatment organization who is pursuing a comprehensive and coordinated approach to care and/or have relevant organizational strengths that will advance integration in the practice.
2. Have an EHR in use for at least 1 year with no plans to change or migrate the EHR system within the next 1-2 years. In addition, having an EHR that has the ability to collect and report on at least two general health quality metrics such as tobacco use and access to primary care.
3. Serve at least 500 mental health and or substance use patients annually with the ability to identify high-risk patients with co-morbid general health conditions.
4. Have an established multi-disciplinary team (e.g., behavioral health provider, LCSW, RN, care manager, clinic manager/director) with executive leadership supporting ECHO efforts.
5. Have a designated clinic integration champion to lead ECHO participation and complete ECHO survey reporting.



What will you gain by participating?

The goal of this ECHO series is to provide participants with the opportunity to advance general health integration and gain insights on GHI implementation strategies, quality metrics, policy and sustainability opportunities. Through this 7-month program, participants will have the chance to engage with other community behavioral health organizations and experts in the field through peer-to-peer learning and expert-led discussions on improving general health integration, including sustainability, evidence-based care and quality improvement, within their organizations. Each session will consist of a brief didactic presentation on key issues followed by a discussion around an organizational case with actionable recommendations.

Participant learning objectives:

By participating in this ECHO, participating organizations will be able to...

- Understand the importance of integrating general health and mental health services to improve whole-person care using a value-based and sustainable approach.
- Gain knowledge and understanding of the key components of the GHI framework through didactic presentations and peer-to-peer learning.
- Assess practice baseline for advancing and measure progress at the end of the ECHO using the framework.
- Understand and use quality metrics to learn how improved outcomes may be associated with GHI advancement.
- Develop and implement tactical integration plan to help practices identify key tasks and deliverables necessary to achieve set goals for integration.
- Engage with peers and experts to learn and share about successes, challenges, and sustainability as it relates to implementing the GHI framework.
- Access and adopt tools and resources for implementing and/or scaling GHI within participant's organizations.

Are there requirements for participating?

There are no costs associated with participating in this ECHO series.

- **Costs** - There are no costs associated with participating in this ECHO series. This is a free training and technical assistance opportunity for participating organizations.
- **Attendance** - We ask that the team lead and at least one other team member commit to attending all 7 of the sessions within the series and at least two, if not all, team members participate in all 7 of the sessions as well.
- **Session Participation** - Participants will also be asked to actively engage and participate in each session. Participants will also be asked to maintain an open mind and willingness to uphold the safe space practices established by faculty and facilitators during sessions.



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- **Case Presentation** - All participating organizations will be asked to submit at least one case presentation describing their organization's experiences, challenges, and opportunities for advancing GHI to better support clients and staff.
- **Surveys** - Participants will be asked to complete surveys before, during, and after the ECHO series ends. There are two types of surveys we expect to be distributed:
 1. **Planning & Engagement:** Questionnaires to assist the planning team in regularly improving and updating learning and engagement methods during this ECHO and for future ECHOs.
 2. **Quality Metrics:** Questionnaires to assess practice baseline and 12-month progress for advancing GHI using the framework. In addition to reporting on at least two quality metrics (e.g., tobacco use, access to primary care).

How will I receive the materials to prepare for each session?

1-2 days before each session, participants will receive the presentation slide deck along with any additional materials needed before each session. Participants will also receive the recording and survey after each session, along with any other resources reviewed and discussed.

Will I have a chance to provide feedback and share thoughts after each session?

Yes! Your feedback directly guides our direction and content shared on each session. All participants will be directed to complete a post-session survey after each ECHO session to share their feedback with us.

When do sessions occur?

The first session will occur on **Thursday, November 17, 2022, from 2:00-3:30pm ET/11-12:30pm PT**. Subsequent sessions will occur monthly on the **second Tuesday** of each month from 12-1:30pm ET/9-10:30am PT. **Note: There will be no GHI ECHO session held during December due to several holiday observances. GHI ECHO will resume in January 2023 on 1/19.*

Is there a cap on the number of participants?

Yes, there is a cap of 25 participating organizations for this ECHO opportunity. Applications will be reviewed once the registration closes on Friday, October 28th, 11:59pm ET and all applicants will be notified if they are accepted into the opportunity early the week of November 7th.

If you have any questions, please contact esmali@montefiore.org.